

A LINDEN LEADERSHIP WORKSHOP

"This is a great program for teams and individuals. I learned powerful practices that enabled me to forge deeper and more resilient connections at work and in my personal life. My daily conversations, meetings, and interactions with others are more satisfying, meaningful, and effective. Highly recommended!"

~Nicole McMahon,
Minnesota Humanities Center

The Interpersonal Field: Building and Sustaining Vibrant Relationships

**Feb 24, Mar 3, Mar 10,
Mar 17, Mar 24 2022**

Five 90-minute sessions conducted over Zoom

9AM PST / 11am CST / 12pm EST /
5pm GMT / 6pm CET

The program is limited to 16 participants.

Please register early to ensure your place in the workshop.



Self-Awareness

Deepen your self-awareness to be more effective in all of your relationships



Centering

Learn centering practices to stay grounded and centered in difficult conversations



Authenticity

Bring greater authenticity and deeper honesty to your relationships



Deep Trust

Learn to build deep trust quickly and restore trust when it is broken

In these five 90-minute sessions you will learn:

Go deep into the Interpersonal Field to uncover and break through barriers to effective relationships at work and in your personal life



TOM GOODELL

Founder and President of Linden Leadership and author of the book *The Four Fields of Leadership: How People and Organizations Can Thrive in a Hyperconnected World*

FACILITATED BY



LECIA GROSSMAN

Senior Consultant at Linden Leadership, known for her boundless capacity to embrace challenge and change with curiosity and adaptive action.



REGISTER HERE:

[The Interpersonal Field](#)

COST: \$350

QUESTIONS

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